

Press Release

FOR IMMEDIATE RELEASE

Date: May 29, 2025

Contact: 319-351-4357

information@cfrhelps.org

CFR Opens Outreach Office in Conroy



Community and Family Resources (CFR) is pleased to announce the opening of a local outreach office that will provide outpatient substance use treatment in Conroy at 558 7th Avenue. Andrea Ortner, an Outpatient Counselor currently based at CFR's Iowa City program, will begin accepting new clients at this location on June 4, 2025.

Andrea, who holds a bachelor's in human services and is currently pursuing her master's degree in social work, first began working in the substance use treatment field in 2014. She earned her CADC (Certified Alcohol and Drug Counselor) certification in 2019 and has held various roles at CFR in both the residential and outpatient treatment programs. She has experience providing counseling services to a wide array of individuals and is dedicated to supporting and inspiring people throughout their recovery journey.

Formerly known as Prelude Behavioral Services, Community and Family Resources is looking forward to expanding the options available for Iowa County residents seeking addiction services. Individuals interested in pursuing services with Andrea in Conroy can call 319-351-4357 to schedule an appointment.

CFR accepts Medicaid and most health insurance plans, and a sliding fee scale is available for those who qualify. Our programs are accredited by CARF as well as the Iowa Department of Health and Human Services (IHHS).





About Community and Family Resources (CFR): CFR offers substance use, mental health, and problem gambling treatment and prevention services. CFR serves 14 counties across Iowa: Boone, Calhoun, Cedar, Hamilton, Humboldt, Iowa, Johnson, Pocahontas, Polk, Story, Warren, Washington, Webster, and Wright Counties. In Fiscal Year 2024, CFR provided treatment services to 5,832 individuals and offered prevention services to schools, businesses, and community groups, reaching over 42,000 individuals. For additional information, please visit CFR's website at www.cfrhelps.org or call 866-801-0085. Community & Family Resources is part of the IHHS Integrated Provider Network, with services funded by the Iowa Health and Human Services Dept. and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration.

###



211 Avenue M West | Fort Dodge, IA | 50501
558 7th Avenue | Conroy, IA | 52220



p. 319.351.4357
f. 844.754.3424

cfrhelps.org